

# Year at a Glance



## PE - Kindergarten

Course # 5015020

### 2023-2024 School Year

#### Qualifications

As well as any certification requirements listed on the course description, the following qualifications may also be acceptable for the course:

**Any field when certification reflects a bachelor or higher degree.**

#### General Information

**Course Number:** 5015020

**Course Path:**

**Section:** [Grades PreK to 12 Education Courses](#) > **Grade Group:** [Grades PreK to 5 Education Courses](#) > **Subject:** [Physical Education](#) > **SubSubject:** [General](#) >

**Abbreviated Title:** PHYSICAL EDUCATION K

**Course Length:** Year (Y)

**Course Status:** Course Approved

**Grade Level(s):** K

<https://www.cpalms.org/PreviewCourse/Preview/3993>

PE.K.C.2.1 Recognize locomotor skills.

PE.K.C.2.2 Recognize physical activities have safety rules and procedures.

PE.K.C.2.3 Recognize technology can be utilized during physical activity.

PE.K.C.2.4 Recognize there are deep and shallow areas of a pool, and identify the dangers of entering a body of water wit...

PE.K.C.2.5 Recognize the concept of a dominant hand/foot for throwing/striking/kicking patterns.

PE.K.C.2.6 Recite cues for a variety of movement patterns and skills.

PE.K.C.2.7 Identify personal and general space.

PE.K.C.2.8 Recognize movement concepts.

PE.K.L.3.1 Identify a moderate physical activity.

PE.K.L.3.2 Identify a vigorous physical activity.

PE.K.L.3.3 Identify opportunities for involvement in physical activities during the school day.

PE.K.L.3.4 Identify opportunities for involvement in physical activities after the school day.

PE.K.L.3.5 Describe physical-activity goal setting.

PE.K.L.3.6 Identify the benefits of participating in physical activity.

PE.K.L.3.7 Verbally state the search used before crossing a roadway.

PE.K.L.4.1 Identify the location of muscles that help the body perform specific physical activities.

PE.K.L.4.2 Identify that the heart beats faster during more intense physical activity.

PE.K.L.4.3 Identify activities that increase breathing and heart rate.

PE.K.L.4.4 Identify a physiological sign of participating in physical activity.

PE.K.L.4.5 Identify a benefit of flexibility.

PE.K.L.4.6 Differentiate between healthy and unhealthy food choices.

PE.K.M.1.1 Use a variety of locomotor skills to travel in personal and general space.

PE.K.M.1.2 Strike objects using body parts forcefully.

PE.K.M.1.3 Balance a lightweight object on a paddle/racket while moving.

PE.K.M.1.4 Strike an object forcefully using a modified, long-handled implement of various sizes, weights and composition...

PE.K.M.1.5 Use two hands to bounce and catch a large playground ball.

PE.K.M.1.6 Participate in a variety of introductory water skills.

PE.K.M.1.7 Catch a variety of self-tossed objects.

PE.K.M.1.8 Roll and throw a variety of objects using an underhand motion.

PE.K.M.1.9 Throw a variety of objects forcefully using an overhand motion.

PE.K.M.1.10 Perform a creative-movement sequence with a clear beginning balance, at least one movement and a clear ending ...

PE.K.M.1.11 Balance on a variety of body parts.

PE.K.M.1.12 Perform a variety of rolling actions.

PE.K.M.1.13 Move in a variety of ways in relation to others.

PE.K.R.5.1 Identify ways to cooperate with a partner during physical activity.

PE.K.R.5.2 Use equipment safely and properly.

PE.K.R.5.3 Identify ways to treat others with respect during physical activity.

PE.K.R.6.1 Identify physical activities that are enjoyable.

PE.K.R.6.2 Identify a benefit of willingly trying new movements and motor skills.

PE.K.R.6.3 Identify the benefits of continuing to participate when not successful on the first try.

HE.K.B.5.1 Name situations when a health-related decision can be made individually or when assistance is needed.

HE.K.C.1.2 Recognize the physical dimensions of health.

HE.K.P.7.1 Identify healthy practices and behaviors to maintain or improve personal health.

ELD.K12.ELL.SI.1 English language learners communicate for social and instructional purposes within the school setting.

LAFS.K12.L.3.4 Determine or clarify the meaning of unknown and multiple-meaning words and phrases by using context clues.

MAFS.K.G.1.1 Describe objects in the environment using names of shapes and describe the relative positions of objects.