



# 9<sup>th</sup> Grade Fall Presentation

TIMELINES FOR FRESHMAN YEAR: THINGS TO THINK ABOUT, THINGS TO DO

# Visit the Pine View Website

- Academics and Admissions
  - College Resource

1. REVIEW THE TIMELINE FOR FRESHMEN  
(PLEASE SEE HANDOUT)
2. BROWSE THROUGH ALL SECTIONS OF  
THE WEBSITE



# Things To Do:

- Begin/Continue to be involved with community service and extracurricular activities
  - **Community service hours can now be earned at for-profit organizations**
- Begin/Continue working on the HOPE class
  - **Students involved in 2 years of a lettered sport at a district school can waive the HOPE class after completion of the 2<sup>nd</sup> athletic year**

# How to Register to Earn Community Service Hours

- ▶ Visit the Sarasota County website
- ▶ Select the “Parents & Students” tab
- ▶ Click on “High School Community Service”



# How Do I Find Out What I Want to Study in College?

## Find out what interests you by:

- a. Getting involved with activities that are fun: clubs, sports, volunteer opportunities...
- b. Taking a few interest/career inventories: Links are on the Pine View website

## Look for insight from your family and friends: What do they see as your strengths?

## Research careers: Links on the Pine View website

## Visit with people in careers that might interest you:

- a. Interviews
- b. Shadowing
- c. Interning
- d. Externship class

# What Do Colleges Want?

- Overall high school GPA
- Rigor of high school coursework (and focus)
- SAT or ACT scores (SAT Subject Scores, if applicable)\*
- Extracurricular activities (depth v. breadth)
- Community service/volunteer work
- Strong personal statement/essay(s)\*
- Letters of recommendation
- Interview with admissions (if offered, say yes!)
- Demonstrated interest in the university and program
- A standout factor or two



# Quick Review



## **CONTINUE TO:**

1. EARN GOOD GRADES
2. COMPLETE COMMUNITY SERVICE HOURS
3. BE INVOLVED WITH EXTRA-CURRICULAR ACTIVITIES
4. COMPLETE THE HOPE or ONLINE CLASS

## **BEGIN:**

1. RESEARCHING YOUR CAREER INTERESTS
2. RESEARCHING COLLEGES
3. COLLEGE VISITS
4. CONSIDER LOOKING INTO A SHADOWING EXPERIENCE

# How Are You Feeling??

- ✓ Overwhelmed
- ✓ Anxious
- ✓ Worried
- ✓ Scared
- ✓ Doubtful



That's normal!! (Unfortunately 😊)



# Common 9<sup>th</sup> Grade Experiences

- ▶ Doubt about being successful at PV
- ▶ Doubt about getting into a “good” college
- ▶ Difficulty adjusting to a high school schedule
- ▶ Difficulty finding a friend group that fits you

# Use Your Resources!

- ▶ **Talk to your teachers!** They are your best resource to ensure your success in their class! (extra help sessions)
- ▶ **Get organized** (agenda book, folders w/ dividers, etc.)
- ▶ **Have an after-school routine** (time management)
- ▶ **Talk to a trusted adult** (parent, teacher, guidance counselor, AP, SRO, etc.) when you are stressed
- ▶ **Use the media center**
- ▶ **Use online resources** (Khan Academy, Algebra Nation, etc.)
- ▶ **Meet new people...**get involved in clubs/activities/volunteering...say “hello” to someone you’ve never met!

Last But Not Least...



Remember to take a  
break every now and then  
and  
**RELAX!**

Everything will work out in  
the end!