

Sarasota High Sailors Track Schedule Spring 2020



Feb. 14 Friday	Lipham Relays @ Keswick Christian	4x800 @ 4 pm Co-Ed Relays	Leave from SHS Bahia Vista Lot (Bus) @ 1:15 pm
Feb. 15 Saturday	George Jenkins Invite		Vans
Feb. 17 Monday	Practice		Booker HS
Feb. 20 Thursday	Booker JV	4:15 pm	No Bus
Feb. 21 Friday	St. Stephens Quad St. Stephens HS	4x800 and Field @ 4:30 pm	No Bus
Feb. 25 Tuesday	Booker JV	4:15 pm	No Bus
February 27 Thursday	Lady Tarpon (Female only)		Leave from SHS Bahia Vista Lot (Vans) @ 1 pm
February 29 Saturday	Berkley Prep Tampa	4x800 @ TBA am	Leave from SHS Bahia Vista Lot (Bus) @ 7:00 am
March 2 Monday	Lakewood Ranch JV	TBA	No Bus
March 6 Friday	Booker Invite	4x800 @ 3:15 pm	No Bus
March 7 Saturday	Brian Jaeger Winter Park	TBA	Leave from SHS Bahia Vista Lot @ TBD (Vans)
March 11 Wednesday	Venice Invite VHS	4x800 and Field @ 3:30 pm	No Bus
March 13 Friday	Mustang Invite LWR	Field @ 4:00 pm 4x800 @ 5:00 pm	No Bus
March 12 – 20 Spring Break			
March 21 Saturday	Raven Invite Alonso HS		Leave from TBA (Vans)
March 26-27 Friday-Saturday	FSU (qualify)		Leave From SHS Bahia Vista Lot @ TBD (Vans)
April 1 Wednesday	Thunder Invite ODA		No Bus
April 2 – 4 Thursday - Saturday	University of Florida (qualify)		Leave From SHS Bahia Vista Lot @ TBD (Vans)
April 9 Thursday	County's Booker HS	4x800 @ 3:30 pm	No Bus
April 17 Friday	Districts Lakewood Ranch	TBA	No Bus

April 30 Thursday	Regionals Charlotte HS	TBA	Vans
May 15 and 16 Friday and Saturday	State Meet Gainesville, FL	TBA	No Bus (overnight)

(Additional updated information can be accessed from flrunners.com)

Keswick Christian (St. Petersburg) - 10101 54th Ave N, St. Petersburg, FL 33708
Lakewood Ranch (Bradenton) - 5500 Lakewood Ranch Blvd, Bradenton, FL 34211
George Jenkins (Lakeland) - 6000 Lakeland Highlands Rd, Lakeland, FL 33813
Saint Stephens - 315 41st St W, Bradenton, FL 34209
Berkeley Prep (Tampa) - 4811 Kelly Rd, Tampa, FL 33615
Venice High School - 1 Indian Ave, Venice, FL 34285
Showalter Field (Winter Park) – 2525 Cady Way, Winter Park, FL 32792
Manatee High School - 902 33rd St Ct W, Bradenton, FL 34205
FSU (Tallahassee) – 600 West College Ave, Tallahassee, FL 32306
Booker – 3201 North Orange Avenue, Sarasota, FL 34234
UF (Gainesville) – 250 Gale Lemerand Drive, Gainesville, FL 32611
Alonso HS - 8302 Montague St, Tampa, FL 33635

Typical Track Event Order

4 x 800m

100/110m High Hurdles (HH)

100m

1600m

4 x 100m

400m

300m Intermediate Hurdles (IH)

800m

200m

3200m

4 x 400m

Field Events

Triple Jump

Long Jump

High Jump

Pole Vault

Shot

Discuss

Javelin