

## VHS BELL SCHEDULE 2022-2023 Mon-Thurs

<b>1<sup>st</sup> Lunch Schedule</b>				<b>2<sup>nd</sup> Lunch Schedule</b>				<b>3<sup>rd</sup> Lunch Schedule</b>			
Period	Start	End	Minutes	Period	Start	End	Minutes	Period	Start	End	Minutes
<b>Moment of Silence 7:30-7:31am</b>											
1	7:31 AM	8:21 AM	0:50	1	7:31 AM	8:21 AM	0:50	1	7:31 AM	8:21 AM	0:50
2	8:26 AM	9:15 AM	0:49	2	8:26 AM	9:15 AM	0:49	2	8:26 AM	9:15 AM	0:49
3	9:20 AM	10:09 AM	0:49	3	9:20 AM	10:09 AM	0:49	3	9:20 AM	10:09 AM	0:49
<b>4<sup>th</sup> lunch</b>	<b>10:09 AM</b>	<b>10:39 AM</b>	0:30	4	10:14 AM	11:03 AM	0:49	4	10:14 AM	11:03 AM	0:49
5	10:44 AM	11:33 AM	0:49	<b>5<sup>th</sup> lunch</b>	<b>11:03 AM</b>	<b>11:33 AM</b>	0:30	5	11:08 AM	11:57 AM	0:49
6	11:38 AM	12:27 PM	0:49	6	11:38 AM	12:27 PM	0:49	<b>6<sup>th</sup> lunch</b>	<b>11:57 AM</b>	<b>12:27 PM</b>	<b>0:30</b>
7	12:32 PM	1:21 PM	0:49	7	12:32 PM	1:21 PM	0:49	7	12:32 PM	1:21 PM	0:49
8	1:26 PM	2:15 PM	0:49	8	1:26 PM	2:15 PM	0:49	8	1:26 PM	2:15 PM	0:49

## Friday's Annoucement VHS BELL SCHEDULE 2022-2023

<b>1<sup>st</sup> Lunch Schedule</b>				<b>2<sup>nd</sup> Lunch Schedule</b>				<b>3<sup>rd</sup> Lunch Schedule</b>			
Period	Start	End	Minutes	Period	Start	End	Minutes	Period	Start	End	Minutes
<b>Moment of Silence 7:30-7:31am</b>											
1	7:31 AM	8:30 AM	:59	1	7:31 AM	8:30 AM	:59	1	7:31 AM	8:30 AM	:59
2	8:35 AM	9:23 AM	0:48	2	8:35 AM	9:23 AM	0:48	2	8:35 AM	9:23 AM	0:48
3	9:28 AM	10:16 AM	0:48	3	9:28 AM	10:16 AM	0:48	3	9:28 AM	10:16 AM	0:48
<b>4<sup>th</sup> lunch</b>	<b>10:16 AM</b>	<b>10:46 AM</b>	0:30	4	10:21 AM	11:08 AM	0:47	4	10:21 AM	11:08 AM	0:47
5	10:51 AM	11:38 AM	0:47	<b>5<sup>th</sup> lunch</b>	<b>11:08 AM</b>	<b>11:38 AM</b>	0:30	5	11:13 AM	12:01 PM	0:48
6	11:43 AM	12:31 PM	0:48	6	11:43 AM	12:31 PM	0:48	<b>6<sup>th</sup> lunch</b>	<b>12:01 PM</b>	<b>12:31 PM</b>	<b>0:30</b>
7	12:36 PM	1:23 PM	0:47	7	12:36 PM	1:23 PM	0:47	7	12:36 PM	1:23 PM	0:47
8	1:28 PM	2:15 PM	0:47	8	1:28 PM	2:15 PM	0:47	8	1:28 PM	2:15 PM	0:47

## VHS Mental Health BELL SCHEDULE 2022-2023

9/28, 10/26, 11/30, 12/14, 1/25, 2/15, 3/29, 4/26

<b>1<sup>st</sup> Lunch Schedule</b>				<b>2<sup>nd</sup> Lunch Schedule</b>				<b>3<sup>rd</sup> Lunch Schedule</b>			
Period	Start	End	Minutes	Period	Start	End	Minutes	Period	Start	End	Minutes
<b>Moment of Silence 7:30-7:31am</b>											
1	7:31 AM	8:15 AM	0:44	1	7:31 AM	8:15 AM	0:44	1	7:31 AM	8:15 AM	0:44
2	8:20 AM	9:01 AM	0:41	2	8:20 AM	9:01 AM	0:41	2	8:20 AM	9:01 AM	0:41
3	9:06 AM	9:47 AM	0:41	3	9:06 AM	9:47 AM	0:41	3	9:06 AM	9:47 AM	0:41
<b>MH</b>	9:47 AM	10:40 AM	0:53	<b>MH</b>	9:47 AM	10:40 AM	0:53	<b>MH</b>	9:47 AM	10:40 AM	0:53
<b>4th lunch</b>	<b>10:40 AM</b>	<b>11:10 AM</b>	0:30	4	10:45 AM	11:27 AM	0:42	4	10:45 AM	11:27 AM	0:42
5	11:15 AM	11:57 AM	0:42	<b>5th Lunch</b>	<b>11:27 AM</b>	<b>11:57 AM</b>	0:30	5	11:32 AM	12:13 PM	0:41
6	12:02 PM	12:43 PM	0:41	6	12:02 PM	12:43 PM	0:41	<b>6th Lunch</b>	<b>12:13 PM</b>	<b>12:43 PM</b>	<b>0:30</b>
7	12:48 PM	1:29 PM	0:41	7	12:48 PM	1:29 PM	0:41	7	12:48 PM	1:29 PM	0:41
8	1:34 PM	2:15 PM	0:41	8	1:34 PM	2:15 PM	0:41	8	1:34 PM	2:15 PM	0:41

**MH will be with 3<sup>rd</sup> period teachers, STC Student need to be dismissed at 10:15**