



QUIT YOUR WAY

Quitting tobacco isn't easy. Finding help should be.
Tobacco Free Florida offers free tools and services
to help you get started.

Gulfcoast South Area Health Education Center Is Offering Classes At:

MANATEE COUNTY

- Blake Medical Center
- Manatee County Health Department
- Manatee Memorial Hospital
- Sarasota Memorial Urgent Care
at Heritage Harbour

SARASOTA COUNTY

- Doctors Hospital
- Sarasota County Health Department
- Sarasota Memorial Hospital
- Englewood Community Hospital
- Venice Chamber of Commerce
- Waldemere Medical Plaza

Call **941-552-1283** to Register!!!

Includes **FREE** Nicotine patches, gum or lozenges*
More than **DOUBLES** your chances of success!

*if medically appropriate and 18 years of age or older.

Program covers all forms of tobacco.