

## **Sarasota County Schools Comprehensive Health Education**

Florida Statute 1003.42(2)(n) - [Florida State Statute 1003.42.pdf](#)

Sarasota County School Board Policy 4.10 - [School Board Policy 4.10.pdf](#)

[Health Education Standards K-5](#)

[Health Education Standards 6-12](#)

### **Elementary School**

- Elementary schools will teach Human Growth and Development in the 5<sup>th</sup> grade using the school nurse and/or another teacher at the school.
- The topics covered are puberty, reproductive systems, personal hygiene, menstruation (for females) and healthy decision making.
- 5<sup>th</sup> Grade – Procter & Gamble “Always Changing”
  - <https://www.youtube.com/watch?v=0RrXAhtObBI> (Girls)
    - Sarasota County Schools is not responsible for any ads that may come up on YouTube after watching the video on a personal device.
  - <https://www.youtube.com/watch?v=2XF0awGRTWs> (Boys)
    - Sarasota County Schools is not responsible for any ads that may come up on YouTube after watching the video on a personal device.
- [Elementary Student Permission for Human Growth and Development Instruction.pdf](#)
- [Spanish Elementary Student Permission for Human Growth and Development Instruction.pdf](#)

### **Middle School**

- 8<sup>th</sup> grade will learn Human Growth and Development using a representative from either the FDOE or FDOH. [Roberto.Ramos@sarasotacountyschools.net](mailto:Roberto.Ramos@sarasotacountyschools.net) is an approved FDOH speaker.
- The topics covered are HIV, other sexually transmitted diseases, disease prevention, teen pregnancy prevention, the reproductive system and human growth & development.
- [Real Essentials Middle School Presentation](#)
- [Permission for Middle School Human Growth - Spanish](#)
- [Permission for Middle School Human Growth](#)

### **High School**

- Hope will teach Human Growth and Development using a representative from either FDOE or FDOH. [Roberto.Ramos@sarasotacountyschools.net](mailto:Roberto.Ramos@sarasotacountyschools.net) is an approved FDOH speaker.
- Hope requirements: community health, consumer health, environmental health, family life, injury prevention and safety, internet safety, mental and emotional health, nutrition, personal health, prevention and control of diseases, substance use and abuse and teen dating.
- In the human growth and development unit, students will be taught responsibility and consequences of sexual relationships, avoiding pregnancy/sexually transmitted diseases, abstinence, and infant mortality rates.
- [Real Essentials High School Presentation](#)
- [HOPE Course Permission for Reproductive Health Sexually Transmitted Diseases HIV-Aids](#)
- [Spanish HOPE Permission for Reproductive Health Sexually Transmitted Diseases HIV-Aids](#)