



# Hey, everyone—it's me, Dr. Sherri, P!H!D!

In this week's The Imagine Neighborhood, Count Vacula and Doctor Apocalypse found themselves in quite the pickle. After being struck by lightning at Doc's rock concert, they found they had switched bodies! It really helped them see each other's point of view and understand why things look and feel different depending on who you are. Luckily, you can see someone's point of view without getting struck by lightning. You can practice anytime with a game of Switcheroo.

For this week's Emotion Experiment, we're going to practice seeing the world as someone else. Being able to understand another person's point of view helps to build empathy, find fair solutions, and resolve problems.

**Rock on!**

## Emotion Experiment

## #2

## Switcheroo!

### Method

Find someone in your home to play Switcheroo with. This could be a parent, sibling, grandparent, or friend. Close your eyes and really think about what it must feel like to be them. Imagine what happens in their day and the things they like and don't like.

### Data Collection

Look at the questions on the next page and answer them as your Switcheroo partner. Make sure to think about why they might answer that way. Your Switcheroo partner will do the same thing, but answering from your point of view!

### Results

Talk to your Switcheroo partner about your answers. Were you able to make guesses based on their point of view? Were they able to see the world through your eyes?



# Switcheroo!

My name is \_\_\_\_\_  
and I'm Switcheroo-ing with \_\_\_\_\_!

Remember, you are answering as your Switcheroo partner!

I would rather...

- ... play music onstage in front of a lot of cheering fans with flamethrowers
- ... sing backstage into my own microphone

Why would you (as your Switcheroo partner) rather do that?

I would rather...

- ... write a story
- ... solve a math problem

Why?

I would rather...

- ... draw a picture inside
- ... do something outside

Why?

I would rather...

- ... eat a delicious cookie that doesn't look very good
- ... eat an okay cookie that is decorated beautifully

Why?

I would rather...

- ... sleep in late
- ... start the day early

Why?

I would rather...

- ... clean the house
- ... cook dinner for everyone

Why?



Write your own:

I would rather...

- \_\_\_\_\_
- \_\_\_\_\_

Why?

**Grown-ups:** If playing Switcheroo with younger kids, try starting a conversation about why they chose their answers. If they guessed incorrectly about what option you'd rather do, explain what affects your point of view and why you would have chosen differently.

You can also play a variation of this game while reading familiar books or watching movies. You can ask, "How do you think that character feels? What about the world is true from their perspective that would make them choose to act that way?"

It's science!

