



CONFLICT VS. BULLYING

WHAT'S THE DIFFERENCE?

CONFLICT

- **Disagreement or argument in which both sides express their views**
- **Equal power between those involved**
- **Generally stop and change behavior when they realize it is hurting someone**
- **Can happen in person or online**



BULLYING

- **Intentional-goal is to hurt, harm or humiliate**
- **Imbalance of Power-Person bullying has more power***
- **Repeated- Continue behavior when they realize it is hurting someone**
- **Bullying includes Cyberbullying which involves the use of social media and/or technology to engage in bullying behaviors.**

*Power differential can be either real or perceived.

See Something - Say Something- DO SOMETHING!
Report bullying to a teacher, counselor, SRO, or any adult at your school.

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