

Sarasota County Schools Comprehensive Health Education

Florida Statute 1003.42(2)(n) - [Florida State Statute 1003.42.pdf](#)

Sarasota County School Board Policy 4.10 - [School Board Policy 4.10.pdf](#)

[Health Education Standards K-5](#)

[Health Education Standards 6-12](#)

Elementary School

- Elementary schools will teach Human Growth and Development in the 5th grade using the school nurse and/or another teacher at the school.
- The topics covered are puberty, reproductive systems, personal hygiene, menstruation (for females) and healthy decision making.
- 5th Grade – Procter & Gamble “Always Changing”
 - <https://www.youtube.com/watch?v=0RrXAhtObBI> (Girls)
 - Sarasota County Schools is not responsible for any ads that may come up on YouTube after watching the video on a personal device.
 - <https://www.youtube.com/watch?v=2XF0awGRTWs> (Boys)
 - Sarasota County Schools is not responsible for any ads that may come up on YouTube after watching the video on a personal device.
- [Elementary Student Permission for Human Growth and Development Instruction.pdf](#)
- [Spanish Elementary Student Permission for Human Growth and Development Instruction.pdf](#)

Middle School

- 8th grade will learn Human Growth and Development using a representative from either the FDOE or FDOH. Roberto.Ramos@sarasotacountyschools.net is an approved FDOH speaker.
- The topics covered are HIV, other sexually transmitted diseases, disease prevention, teen pregnancy prevention, the reproductive system and human growth & development.
- [Human Growth and Development and STD Middle School Presentation.ppt](#)
- [Middle School Permission for Human Growth and Development Instruction.pdf](#)
- [Spanish Middle School Permission for Human Growth and Development Instruction.pdf](#)

High School

- Hope will teach Human Growth and Development using a representative from either FDOE or FDOH. Roberto.Ramos@sarasotacountyschools.net is an approved FDOH speaker.
- Hope requirements: community health, consumer health, environmental health, family life, injury prevention and safety, internet safety, mental and emotional health, nutrition, personal health, prevention and control of diseases, substance use and abuse and teen dating.
- In the human growth and development unit, students will be taught responsibility and consequences of sexual relationships, avoiding pregnancy/sexually transmitted diseases, abstinence, and infant mortality rates.
- [Human Growth and Development and STD HOPE Presentation](#)
- [HOPE Course Permission for Reproductive Health Sexually Transmitted Diseases HIV-Aids](#)
- [Spanish HOPE Permission for Reproductive Health Sexually Transmitted Diseases HIV-Aids](#)